

Academic Excellence

A Newsletter of the Academic Success Center

Design Your Future With UCS 0991

by Nannette McCleary Shaw,
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Have you ever found yourself in the middle of a class lecture wondering how the information you are learning will be useful to you? Are you still figuring out how you'll use your major or what your major should be? Did you know Wayne State offers a free career planning class to help you explore these questions?

UCS 0991 - Design Your Future is a six-week course that is open to all students. The course exposes students to all phases of career development, including interest assessments, occupational exploration and resume writing. Past attendees have consistently rated the course as "well worth my time."

Roderick Simmons, now a junior as well as a Warrior Orientation Leader, joined the class in fall 2004. "UCS 0991 was a guiding light to find out my interests and a helping hand to lead me the resources I had available to map my career. I strongly recommend this course to all students, especially those who are undecided."

Deliberate career planning will increase an individual's satisfaction in their career choice. In addition, employers desire these individuals because they tend to be more knowledgeable, motivated, and productive.

UCS 0991 – is offered in four sections in the fall and winter semester and priority registration begins November 5th. To learn more, contact Career Services in 1001 Faculty/Administration Building, (313) 5773390 or www.careerservices.wayne.edu.



A record number of students participated in iStart this fall. 403 students prepared for their first year with team-building exercises, races, quiz bowls, and note-taking practice in actual WSU lectures.

Produce Your Own Multimedia Projects

by Susan Sheiner, ax5983@wayne.edu

Get on board with the latest computer technology for your school projects. WSU's Library System opened a new Student Technology Studio (STS) in the Undergraduate Library on September 19. The STS located on the second floor hosts equipment and software for multimedia projects for all registered students. With a OneCard you can use

the studio, M W 11a.m. to 4 p.m., T Th 11 a.m.-7p.m. and Sunday from 2-6p.m.

"Students can use any of the computers in the library to create a PowerPoint presentation," Judith Arnold, Interim Assistant Director of Information Systems, said. She continued "However if you want to put
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Autumn Hours:

Monday and Thursday

8:30 am - 7:00 pm

Tuesday, Wednesday, Friday

8:30 am - 5:00 pm

How is Your Attitude?

by Robert Buentello,
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When it comes to education, it helps to find your right attitude. Three parts of an attitude are setting personal goals, finding a cause, and nurturing self-confidence.

An obvious goal for most students is the completion of a degree or certification program. One key advantage is that it combines a real and tangible outcome based on the culmination of a series of smaller goals. Every class attended and each good grade received builds towards a greater objective. Each mini-goal provides personal satisfaction and

Along with setting personal goals, another part of developing the right attitude is what you stand for.

can be thought of as one more step forward.

Along with setting personal goals, another part of developing the right attitude is finding a cause or correcting an injustice. The concern may be something that you have identified with society. Fighting for a cause goes hand-in-hand with a personal code of ethics. Of course, this will require pondering deep moral issues, and considering your own definition of values.

The best part about self-confidence is that it comes from within. Its very name indicates that the source is internal, not external.

There are ways to nourish self-confidence. Start by looking for other

self-confident people. Look at how they face new challenges and model their behavior whenever possible. You may notice that self-confident people minimize self-criticism, self-doubt, and work at maintaining and improving their confidence. Having self-confidence is a journey, not a destination.

All of these concepts are interlinked and provide positive feedback with one another. Like so many things in life, developing the right attitude takes work. It won't happen overnight, but the right attitude can give you a head start in the pursuit of happiness.

Multimedia Projects

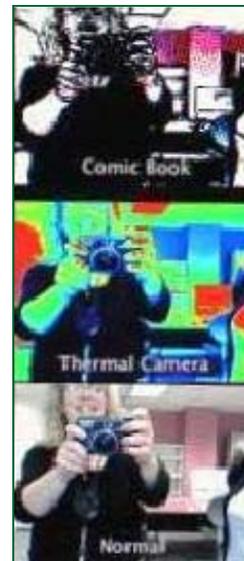
Continued from page 1 video or sound or special effects, you can get individualized help and use the special software like we have in the new Student Technology Studio." The technology studio provides equipment and software for course-related projects such as Flash, Dreamweaver, AdobeC52, Final Cut Express, Microsoft Producer and MovieMaker. Drop in workshops offer assistance in learning how to use the software, such as a three part series on PowerPoint. PowerPoint 3 incorporates utilizing

movies and sounds.

In addition, the Wayne State Library Systems is offering an opportunity for students to Instant Message a librarian through AOL at waynelibrarian 11 a.m. to 5 p.m. Monday through Friday.

Students can still 'Chat' with a librarian through the WSU Library webpage and find additional tools for student success including the 'First Year Experience' link and Assignment Planner. Interested students can go to www.lib.wayne.edu for more information.

Interested in sharing your academic success tips with WSU?
Submit a manuscript to asc@lists.wayne.edu



Self-portrait using Photo Booth by the author.

Maximize Your Productivity

By Anita Harris,
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There is never enough time in a day to complete all tasks at hand. With, group projects, presentations, and a part-time or full-time job can become overwhelming. The problem is not the lack of time but how we choose to use the time that is available to us.

"Time- all men neglect it; all regret the loss of it; nothing can be done without it."

According to Merrill E. Douglass and Donna N. Douglass authors of, "Manage Your Time, Your Work, Yourself," there are only two ways to approach time management. You must focus primarily on the results you intend to achieve, or you must focus

on the activities you are doing. For example, most students wait until the deadline instead of planning well in advance on how to complete their assignment on time. Here are some helpful tips to alleviate cramming during midterm or finals:

•**Weekly Planner-** A weekly planner is usually better than a daily plan; it can provide a longer perspective and allow room for choices.

•**Keep regular study times** – Some students can study while the television on, while other students like to study in a quiet and serene environment. Choose whatever works best for you, just be consistent.

•**Block time off to study subjects-** It is recommended to give yourself at least 2 hours of study time (per subject), more than 2 hours your

body and mind will start to feel fatigue and restless. If possible take same breaks in between studying, for example, stretching your legs or arms.

HAPPY STUDYING!!!

If you need additional assistance, please stop by the Academic Success Center. If you need additional assistance, please stop by the Academic Success Center located in the Undergraduate Library or go to www.success.wayne.edu.



Insider's Guide to University Advising

by Angela Zanardelli,
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Ever wonder about University Advising? Maybe you see your advisor without fail at least once a semester. Maybe you're not sure what a university advisor is. The following section should clear up any confusion you have.

Q: Why would I need to see an advisor?

A: There are many reasons to see an advisor, for example an advisor can help you to create a plan of work, review

requirements for your specific curriculum and start the process for declaring your major. Also, academic planning with an advisor can be a motivating source to help you successfully reach your educational goals.

Q: Do I need to bring anything to my appointment?

A: Bring any transcripts from other post-secondary institutions, a list of questions to which you need answers, a planner or day calendar, and your academic motivation!

Q: When can I see an advisor?

A: You can call (313) 577-2680 to make an appointment with an advisor. If you feel like stopping by, visit us during our drop-in hours on Tuesdays from 8:30-3:30 (we continue seeing students until 5:00). Our regular hours are Monday and Thursday 8:30-7:00, and Tuesday, Wednesday, and Friday 8:30-5:00. Learn more about our services at www.advising.wayne.edu

DON'T FORGET:

Plan early and schedule an appointment with an advisor to prepare for Winter 2008 term. You can register for classes as early as November 5th, 2007 to get the best course selection so don't delay!

A Newsletter of the Academic Success Center

Leading the way in evidence-based academic support and excellence.

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UNIVERSITY**

Academic Success Center

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**We're on the web:
<http://www.success.wayne.edu/>**

Mission Statement

The mission of the Academic Success Center is to help students become independent and motivated learners. To support students' success in the University environment, the Academic Success Center aims to provide individualized services and the tools to develop effective learning skills.

Free services that the office offers include:

- Tutoring and Supplemental Instruction
- Individual Support by a Learning Specialist
- Study Skill Enhancing Workshops
- Accessibility Services such as Alternative Testing

Thank you to our editorial board:

Chardin Claybourne-Bey, Arnelle Douglas, Bernard Jackson, Shenà Penn, Susan Sheiner, Naida Simon, Angela Zanardelli, and Laura Woodward, Chair.

Top Ten Places to Hang Out with Your Friends

by Shena Penn, Shenis3@wayne.edu

1. **The Mort Harris Recreation Center** is located in the center of campus off of Gullen Mall. The cost is free for current students; just show your One Card to enter.

2. **The Student Center** offers a wide selection of fast food restaurants ranging from McDonalds to the newly opened Pizza Hut and Barnes & Nibble around the corner. The second floor has couches, televisions, and study lounges to use.

3. Down Under at the Student Center

Down Under is filled with arcade games, big screen televisions, and large ping pong tables plus the Underground Grill.

4. **The Undergraduate Library** is located in the center of campus and is a great place to study with a small group of friends.

5. **Gullen Mall** is the long walkway starting at Warren and Second Ave., which continues through campus to Palmer Ave. There are always students milling around, so grab a friend and join the socializing before the weather changes.

6. **Starbucks** is located off of Anthony Wayne Drive, in the Ghafari Hall dorm. Stop inside and enjoy a cozy café environment.

7. Student Study Lounges

Almost every building on campus has a student lounge. The lounges are furnished with tables and chairs for easy studying, and vending machines to stem study munchies.



8. Residence Halls

Yousif B. Ghafari and South halls are dormitories for Undergraduate students. Across Williams' Mall is the Towers apartments, which houses sophomore, junior, and graduate students.

9. Cass Café

Cass Café is the perfect blend of arts and eats. It offers exhibits from many different artists and a wide range of dishes and offers a full bar. It is located on Cass Ave. and Prentis Ave.

10. The Majestic Center

The Majestic center describes a strip of entertainment venues, located on Woodward Ave. between Alexandrine and Willis streets. It offers a theatre, a bar, and pizza parlor.

Jumpstart your academic success

Check out our list of free workshops with strategies which can boost your grades at www.success.wayne.edu/workshop_list.php